

25 Simple Trust-Building Actions

- Extend trust to yourself and others.
- Challenge the stories that play out in your head and the meaning you give events.
- Use power words like appreciate and trust.
- End requests with the powerful, clarifying phrase and here's why.
- Share information as early as possible.
- Consistently model respect.
- Build a sense of inclusion and belonging in every interaction.
- Always be open to learning, growth, and feedback.
- Don't be the threat.
- Maintain a growth mindset.
- Adopt an attitude of "What do we have here that's good?"
- Ask for help.
- Create a hope FULL environment; communicate good things happen here.
- Evaluate what is yours to own (and what isn't yours to own).
- Give credit.
- Identify how far you can push yourself and others.
- Always communicate an "I am for you" attitude.
- Consistently set up others for success; never to trick, humiliate, or belittle.
- Choose to see setbacks as moments of valuable learning.
- Self-regulate. Your team doesn't need a perfect leader; they need a collected leader.
- Give a choice and a voice to promote engagement and ownership.
- Honor the absent and refrain from gossip of any type.
- Hold self and others accountable to any inappropriate behavior.
- Avoid micromanaging by honing your delegation skills.
- Introduce, lead, and manage change visibly, slowly, and deliberately and allow for employee input.